

# Mount Pleasant Recreation Department

**M**otivate **P**romote **R**ecognize & **D**emonstrate

GOOD SPORTSMANSHIP



## Youth Soccer MANUAL

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# Mount Pleasant Recreation Department

## LIGHTNING SAFETY PROCEDURE

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**TITLE:** LIGHTNING SAFETY PROCEDURES

**DATE:** March 17<sup>th</sup>, 2014

**REFERENCE NUMBER:** AO-400.01

**RESPONSIBLE AUTHORITY:** Assistant Recreation Director

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**PURPOSE:** To insure as much as possible that the safety of participants is a priority and provide the proper procedure to mitigate the lightning hazard at Mt. Pleasant Recreation Department (MPRD) Athletic Division activities.

**POLICY:** Lightning is the most consistent and significant weather hazard that may affect outdoor activities; therefore the following procedures are to be followed to help insure the safety of MPRD participants and spectators by monitoring how far away the lightning is occurring and how fast the storm is approaching, relative to the distance of a safe shelter.

### **SPECIFIC PROCEDURES:**

1. MPRD has established a chain of command as to who monitors threatening weather and who makes the decision to remove a team or individuals from an athletic site or event. The chain of command will be as follows:
  - a. Facility Supervisor assigned to site/event
  - b. Game Officials/Referees/Umpires
  - c. Recreation Coordinator assigned to activity
  - d. Athletic Division Chief
  - e. Assistant Director
  - f. Director
2. The Facility Supervisor assigned to the activity/site will be the MPRD's representative at the site in the absence of the Recreation Coordinator. The Facility Supervisor will include in their daily procedures monitoring of the weather by visual, audio and electronic means.
3. MPRD will obtain a weather report each day prior to a practice or event. Staff will be aware of potential thunderstorms that may form during scheduled activities.
4. MPRD will monitor the weather reports and National Weather Service-issued (NWS) thunderstorm "watches" and "warnings" as well as signs of thunderstorms developing nearby.
  - a. A **watch** means that conditions are favorable for severe weather to develop in an area.
  - b. A **warning** means that severe weather has been reported in an area and for everyone to take proper precautions.
5. MPRD Staff will know where the closest "safe structure or location" is to the field or playing area and will know how long it takes to get to that safe structure or location. Safe structure or location is defined as:
  - a. Any building normally occupied or frequently used by people; ie., a building with plumbing and/or electrical wiring that acts to electrically ground the structure. Shower facilities are not to be used for safe shelter and **do not use** the showers or plumbing facilities during a thunderstorm
  - b. In the absence of a sturdy, frequently inhabited building, any vehicle with a hard metal roof (not a convertible or golf cart) and rolled-up windows can provide a measure of safety. The sides of the vehicle are not to be touched.
6. MPRD has designated the following areas as a "safe structure or location" for the sites listed below:
  - a. R.L. Jones Center Complex – The R.L. Jones Center building, softball field press box with roll up windows closed or individual vehicles in parking lot.
  - b. Duffy Complex – The concession stand/storage building or individual vehicles in parking lot.



# Mount Pleasant Recreation Department

## LIGHTNING SAFETY PROCEDURE cont...

- c. Patriots Point – Individual vehicles in parking lot.
  - d. Park West – MPRD Park West building, Park West gym, Pavilion building or individual vehicles in parking lot.
  - e. Whipple Road Complex – Tennis Center building or individual vehicles in parking lot.
  - f. Sloan Park - Individual vehicles in parking lot.
  - g. Moultrie Middle School - Individual vehicles in parking lot.
  - h. Town Hall Track & Field – Town Hall gym or individual vehicles in parking lot.
  - i. Old Wando Baseball Field- Press box or individual vehicles in parking lot.
  - j. Whitesides Elementary School - Individual vehicles in parking lot.
  - k. Reid & Speights Street Fields - Individual vehicles in parking lot.
  - l. Longpoint Soccer Field – Longpoint Amenities building or individual vehicles in parking lot.
  - m. Trident Academy Field – Individual vehicles in parking lot.
  - n. Cario Multipurpose Field - Individual vehicles in parking lot.
  - o. James B. Edwards Elementary School - Individual vehicles in parking lot.
  - p. Community Centers – Community center building or individual vehicles in parking lot.
  - q. Julian Weston Tennis Courts - Individual vehicles in parking lot.
  - r. G.M. Darby Building – The Darby building or individual vehicles in parking lot.
  - s. James B. Edwards Park - Individual vehicles in parking lot.
  - t. Alhambra Hall & Park – Alhambra Hall building or individual vehicles in parking lot.
  - u. Kearns Park and Pitt Street Bridge - Individual vehicles in parking lot.
  - v. Carolina Park – Individual vehicles in parking lot.
7. Overhangs, toilet trailers, restroom buildings picnic shelters, tents, dugouts or other areas not listed in section 6 are **not to be used** to avoid lightning.
8. It is the responsibility of MPRD Staff to be aware of how close lightning is occurring, by using a combination of the “flash-to-bang method” and issued lightning detectors. To use the “flash-to-bang method”, count the seconds from the time the lightning is sighted to when the clap of thunder is heard. Divide this number by five (5) to obtain how far away (in miles) the lightning is occurring. For example, if an individual counts 15 seconds between seeing the flash and hearing the bang, 15 divided by five (5) equals three (3); therefore, the lightning flash is approximately three (3) miles away.
9. Lightning awareness should be increased with the first flash of lightning or the first clap of thunder, no matter how far away. The most important aspect to monitor is how far away the lightning is occurring and how fast the storm is approaching, relative to the distance of a safe shelter
10. At a minimum, by the time the monitor obtains a “flash-to-bang” count of **30 seconds**, all individuals should have left the athletic site and reached a safe structure or location.
11. When consideration is being given to resumption of athletic activities, a 30 minute waiting period after the last flash of lightning or sound of thunder is recommended before returning to the field or activity.

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**Athletic Division Chief**

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**Assistant Recreation Director**

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**Recreation Director**



# Mount Pleasant Recreation Department

## RELEASE OF CONFIDENTIAL INFORMATION

The rosters that are provided to each coach contain important, yet confidential information. Each and every coach has the responsibility to insure that this information remains confidential. The MPRD has taken steps to abide by the wishes of many parents in keeping this information confidential.

Do not just randomly make copies of your roster to give to every parent on the team. Some parents do not want their phone numbers or child's birth date to be given out. Please respect everyone's wishes in this matter. If you want to form a phone tree or have a team mom/dad, ask the parents for their phone number/address. This way, if they do not want to participate in this manner, they have the option to say no.

Do not make multiple copies of the roster for convenience. The chances of leaving a copy somewhere on the field or in the dugout become greater with the more copies that you have.

**If anyone approaches you at the field requesting such information for a promotion, tell them no. Request their name and phone number and have them get in touch with the MPRD. Notify the Facility Supervisor or any MPRD personnel at the site. Call and notify the MPRD as soon as possible.**

When requesting a roster to be faxed to your office, make sure that you get the fax promptly and that no other copies are available or thrown in the trash.

Please take the extra time and steps to help insure that this information does not accidentally fall into the hands of people who do not need it. All of our children are precious to us. It's worth the extra effort to help keep them out of harms way.



# Mount Pleasant Recreation Department

## TOWN SOCCER FACILITIES

- **Cheryll Woods-Flowers Soccer Complex** - 85 Patriots Point, Mt. Pleasant
- **Park West Complex** - 1251 Park West Boulevard, Mt. Pleasant
- **Carolina Park Complex** - Faison Road, Mt. Pleasant (down Airport Road near new hospital off hwy. 17)

\* **PLEASE NOTE:** Due to scheduling circumstances, there may be times when league games will be played at facilities other than those designated for a specific age group.

## FACILITY SUPERVISORS

There will be a facility supervisor at each game identifiable by a NEON YELLOW T-shirt or sweatshirt. They are Recreation Department employees, and as such, represent the final authority for each situation not handled by the referee.

Please familiarize yourself with these people. They are athletes themselves with expert credentials for being supervisors. If you have any concerns, suggestions, or information, please tell one of our facility supervisors. They have a Game Summary Form that they are required to complete at the conclusion of the contests at a particular site. This form is used to pass information on to the Athletic Coordinator and Athletic Division Chief on a daily basis.



# Mount Pleasant Recreation Department

## PROTESTS

**Regular Season** – Protests will be allowed; however, judgment calls by the officials cannot be protested. The proper procedure for filing a protest is as follows:

1. All protests, including player eligibility, must be initially filed with the head official at the game site by the protesting manager and entered on the score sheet at the time of the incident that prompts the protest. **Failure to do this will result in the protest not being recognized.**
2. The official protest form must be completed and submitted with a check for **\$50.00** by noon on the next business day (Mon-Fri) after the protest is made on the field, with the Athletic Division. Protest forms will be available at all sites.
3. The form must be properly filled out and include the following: 1. Coach's name filing protest. 2. League, Team and age division. 3. Date of protest. 4. Recreation Supervisor(s) present. 5. Game Official(s) present. 6. Protest described in detail to include rule being protested and the point of the game that the rule is protested.
4. The Protest Committee will make a recommendation on the outcome of a protest to the Athletic Division Chief. The Athletic Division Chief will have the final decision on the outcome of the protest.
5. The \$50.00 protest fee will be returned only if the protest is upheld by the Athletic Division Chief.
6. Managers will be notified and may be on hand to answer questions concerning protests as needed by the Athletic Division Staff.

**Tournament Protest** - Protests in tournaments will be allowed; however, judgment calls by the officials cannot be protested. The proper procedure for filing a protest is as follows:

1. The \$25.00 protest fee will be in effect during the tournament. If the protest is denied, the protesting team must pay the \$25.00 before their next scheduled game. If the protest is upheld, the protesting team is not obligated to pay the \$25.00 fee.
2. If a team continues to protest throughout the game, the Tournament Coordinator/Designee will have the discretion to accept or not to accept the protests. If a team is making a mockery of the game and abusing the intent of the rules, the team in question is subject to forfeiting the game.
3. All protests, including player eligibility, must be initially filed with the head official at the game site by the protesting manager, and entered on the official Protest Form and score sheet at the time of the incident that prompts the protest. **Failure to do this will result in the protest not being recognized.**
4. The game **will be halted** until protest is decided.
5. The Tournament Coordinator/Designee on site will confirm with all concerned parties, to include managers of both teams, game officials, and any other official deemed necessary to receive information to reach a decision on the protest.
6. After conferring with all parties, the Tournament Coordinator/Designee will render a decision. The Tournament Coordinator/Designee's decision **WILL BE FINAL**.
7. Once the outcome of the protest has been decided, the game will resume at the point determined by the outcome of the protest.



# Mount Pleasant Recreation Department

## SPORTS PROTEST FORM

Date Received: \_\_\_\_\_

Initials: \_\_\_\_\_

Protest Fee: \_\_\_\_\_

YES  
Returned

NO  
Kept

1. Coaches Name: \_\_\_\_\_

2. League/Team/Age Division: \_\_\_\_\_

3. Date of Protest: \_\_\_\_\_

4. MPRD Supervisors Present: \_\_\_\_\_

5. Game Officials Present: \_\_\_\_\_

6. PROTEST (Describe in Detail)

Outcome of Protest: \_\_\_\_\_

Athletic Division Chief: \_\_\_\_\_ Date: \_\_\_\_\_



# Mount Pleasant Recreation Department

## PLAYER ELIGIBILITY

All players must fill out a registration form and pay a fee in order to participate in the Soccer program. Scholarships are available on an individual basis. Contact the Athletic Division Staff for assistance concerning the scholarship program.

Each child must have a copy of his/her birth certificate or other acceptable document proving date of birth on file at the Recreation Department. First time participants must provide original documentation.

If a player is found to be ineligible because of a knowledgeable violation, all games in which that player participated will be declared forfeits.

No player will be allowed to play Junior Varsity or Varsity Soccer in any high school league and play in the Mt. Pleasant League at the same time.

## PLACEMENT OF PLAYERS ON TEAMS

The goal of our Recreation Department is to have all the teams in each league divided equally according to talent. Since we have no way of knowing the talent level of ALL PLAYERS, the only way that we can ensure that no team "loads up" on the talent is to have evaluations and drafts. The method used to divide these teams is as follows:

1. The head coach's child/children will be allowed to be on the same team that their parents coach.
2. Siblings will play on the same team if their age allows them to, unless parents request that they play on separate teams.
3. A mandatory player evaluation will be conducted. This evaluation will help insure more balance among teams in each respective league. Players absent from evaluations will be randomly placed on a team.
4. Parent volunteer coaches may select an assistant coach **AFTER** the draft/evaluation process. Norequests for an assistant coach will be accepted.

Team assignments will be made after the registration period. **The Athletic Division (not by coaches) will make all deletions and additions to the team roster. NO TRADES WILL BE ALLOWED.** Sponsors may wish to sponsor the team that their child is randomly selected to. Sponsors will not be permitted to choose which coach their child will play for prior to the team selection. **NO PLAYER WILL BE ALLOWED TO PLAY UNLESS THEY ARE REGISTERED THROUGH THE MT. PLEASANT RECREATION DEPARTMENT.** A player cannot be drafted by a coach if he/she does not attend evaluations.



# Mount Pleasant Recreation Department

## PRACTICES

**No players are to be left unattended after practices have ended. An adult must stay until the last player has left the premises. Players are NOT allowed to be left with Facility Supervisors.**

All practice schedules must be strictly followed. In the event a coach cannot make a scheduled practice, all players must be notified by the coach.

More than one (1) team will be scheduled to practice on a field at one time. All coaches must share the space in an amicable manner.

Practices will be held Monday-Thursday during the pre-season for all age groups at the coach's request. All regular season practices will be held on Saturday between the hours of 9:00AM and 12:00PM.

Practices are allotted a total time of **1 Hour and 15 Minutes**. After the allotted time is up, the practice must end immediately. Courtesy and consideration are paramount to satisfying everyone's requirements.

Teams are **not allowed** to practice when it is thundering or when lightning is present. Refer to the MPRD Athletic Division Policy, AO-400.01 **Lightning Safety Procedures**, for further information regarding lightning safety. This policy is in the front of the manual right after Infectious Disease Guidelines.

## SCHEDULES

Due to the size of our entire club, In-House Rec. teams may have Friday night, Saturday or Sunday make-up games scheduled. Make-up games may include doubleheaders.

Schedules will be made up by the Mt. Pleasant Recreation Department. All games must be played at the time, day, and location outlined in the schedule or will result in forfeit unless MPRD has an extenuating circumstance.

The Recreation Department will reschedule any games that are postponed because of rainouts or reasons beyond the Rec. Dept. control. All league games will be rescheduled on the next available date.

The official team's name is the sponsor's name. That name will appear on the game schedule. If the team does not have a sponsor; they will be given a name.

## RAINEDOUT INFORMATION

**Register at [www.rainedout.com](http://www.rainedout.com)** to get an update on the playing status of games when inclement weather exists. The Recreation Department and officials will determine if a game is rained out. However, "when in doubt, dress out."

\*\*Sign up for [www.rainedout.com](http://www.rainedout.com) through the town's website, [www.tompsec.com](http://www.tompsec.com), under the Recreation Department. You must renew subscription annually and choose each sport of participation to ensure messages are received.



# Mount Pleasant Recreation Department

## TEAM REQUIREMENTS

Please look at the following new format for our SCAP league.

The divisions are:

U10 Girls	7 vs 7	Max 12 players per team
U10 Boys	7 vs 7	Max 12 players per team
U12 Girls	9 vs 9	Max 14 players per team
U12 Boys	9 vs 9	Max 14 players per team
U15 Coed	9 vs 9	Max 14 players per team
U18 Coed	7 vs 7	Max 14 players per team

League age will be determined by how old the child is as of September 1<sup>st</sup> for the Fall and December 31<sup>st</sup> for the Spring.

The Recreation Coordinator/Soccer reserves the right to combine age groups if there are not enough players to form the above-mentioned divisions.

## EQUIPMENT AND UNIFORMS

The complete uniform consists of game jersey, shorts, shin guards, socks, and shoes. The Recreation Dept. will provide game jerseys for all participants. Shorts, socks, shin guards, and shoes are the responsibility of the participant.

Only those game jerseys that are issued by the Recreation Department will be allowed to be worn in the games. All players must have on a uniform or will not be allowed to play in the game.

**Shin guards are MANDATORY. NO SHIN GUARDS – NO PLAY!!!**

**Shorts which have pockets or zippers are NOT permitted. ABSOLUTELY NO POCKETS! Players will be asked to change if they come to participate in a game with unacceptable shorts. (Shorts will not be provided by the Recreation Department). If they do not have acceptable shorts, they will not participate.**

Two (2) soccer balls will be available for each coach and used for games and practices. The Soccer Recreation Specialist will collect all equipment after the last scheduled game. Equipment (cones and bibs) necessary for practices and games will be issued by the Recreation Department to the coaches and accounted for. Any equipment issued by the Recreation Department that becomes damaged or broken must be exchanged immediately for good equipment. Any lost/missing equipment must be reported as such immediately to the Recreation Department. During games, the coach must share any Recreation Department equipment with the other teams if it is necessary. **Failure to report lost/missing equipment could result in the individual who was issued the equipment having to reimburse the Mt. Pleasant Recreation Department for replacement cost.**



# Mount Pleasant Recreation Department

## CONDUCT

All players must remain on the sidelines during the game except when substituting and time-outs.

Coaches may not pace up and down the field giving instructions. (Coaching area is 10 yards on either side of the bench area)

All Players on the sidelines during the game must be a minimum of 3 feet from the sideline.

At no time during or after a game may a coach or players argue a call of a referee.

**At no time**, before, during, or after a game, shall a coach or players yell or raise his or her voice at a referee, scorekeeper, or Recreation Department personnel.

No smoking or use of any type of tobacco or alcohol products will be permitted by coaches or players while at practices or games.

Absolutely no fighting will be permitted by any parents or players. Violators will automatically be suspended from further league participation.

Any parent, player or coach ejected from a game must leave the playing area immediately. The game will not be allowed to continue until the offender has left. A player or coach suspended will serve a one game suspension and will not be permitted to play until a meeting is held with the Recreation Department Athletic Division Chief.

Any coach who pulls his or her team from the field before the contest has ended will be suspended for the remainder of the season.

All parents, players and coaches will conduct themselves according to socially accepted standards and the Coaches Code of Ethics Pledge. Violators may be suspended by the Athletic Division Chief after a meeting has been held.

Do not contact the sponsors for additional money.

Any player using inappropriate language will be removed from the game. Multiple violations will result in the player being removed from the league.

The Athletic Division Chief has the authority to, and will, dismiss any coach who does not conduct themselves according to any of the above policies, or in any manner that is not deemed appropriate by MPRD.



# Mount Pleasant Recreation Department

## CONDUCT Cont.

The Mt. Pleasant Recreation Department has established the following Code of Conduct for all players, spectators, coaches, managers, and umpires to follow.

No player, manager, coach, spectator, or referee under the influence of alcohol or drugs shall be allowed in the facility. **NO ALCOHOL OR DRUGS WILL BE ALLOWED IN THE PARKING LOT.** In addition, the facility supervisor **WILL** notify the police to respond to the facility in case such is noticed.

Any team allowing the consumption of alcohol or drugs in/on the facility and adjacent grounds by their players shall forfeit the game and shall be removed from the league immediately for the remainder of the season. **ABSOLUTELY NO REFUND ON ANY FEES THAT HAVE BEEN PAID BY THE TEAM AND/OR PLAYERS.**

Any manager/coach allowing an illegal player to participate will receive no less than a one-year ban from participating in any Mt. Pleasant Recreation Department League.

There shall be **NO SMOKING** on the playing field or dugouts by players, coaches, managers, or referees. Violators will be asked to leave or be removed from the facility.

Players ordered off the field by the referee shall obey immediately. The ejected player must leave the premises. Failure to comply will result in the player being given a minimum three (3) game suspension.

Players suspended for flagrant violation of rules cannot play again until reinstated by the Athletic Division Chief. A player will not be reinstated until **AFTER** a meeting with the Athletic Division Chief.

Switching jerseys during the game is not allowed and will result in **ALL** players switching jerseys removed from the game and suspended for the next game.

All persons that are on the sideline area of a team shall be considered as part of the team and treated as such. **Only players on the official team roster are allowed on the sidelines.**

Any player ejected from a game will automatically be suspended for the next game, regular season, or postseason game.



# Mount Pleasant Recreation Department

## CONDUCT: ADDITIONAL DISCIPLINARY ACTION

Additional disciplinary action for players, coaches, managers, and fans will be as follows:

<b>OFFENSE</b>	<b>1ST OFFENSE</b>	<b>2ND OFFENSE</b>
1. Abusive/offensive language said out loud, but not directed at anyone.	Current game plus 1 additional game suspension.	Current season suspension.*
2. Abusive/offensive language directed at officials, staff, players, or spectators	Current game plus 3 additional game suspension.	Current season suspension.*
3. Threat of physical abuse directed at officials, staff players or spectators.	Suspension for current season plus 1 year probation.	During probationary period suspension for remainder of probation period plus 2 years probation.
4. Fighting with teammates, fans, officials, staff, or opposing team.	Suspension for current and next season plus 2-Year probation.	Permanent suspension from all sports.
5. Defacing, damaging, or destroying Town property or equipment.	1 game suspension up to permanent suspension (depending on circumstances and repair/replacement cost).	Current season suspension up to permanent.

\*If suspension occurs at the last game of the regular season, suspension will carry over into any post season tournament. If suspension occurs during post season tournament, suspension will carry over into the next regular season match that player participates in.

\*\***3<sup>RD</sup> OFFENSE** or more, disciplinary action will be at the discretion of the Athletic Division Chief.

Additional disciplinary action for any violation or offense, not specified, will be at the discretion of the Athletic Division Chief. There are no further appeals to the Athletic Division Chief's decisions.



# Mount Pleasant Recreation Department

## GENERAL GAME RULES

**ABSOLUTELY NO SMOKING OR USE OF ANY TYPE OF TOBACCO OR ALCOHOL PRODUCTS WILL BE PERMITTED BY COACHES, PLAYERS, GAME OFFICIALS, OR REFEREES WHILE AT PRACTICES OR GAMES.**

All rules not covered by these policies will be governed by the Federation International Football Association (FIFA) – Laws of the Game.

### Length of Games

The game will be divided into four (4) quarters of twelve (12) minutes with a 5-minute halftime between 2<sup>nd</sup> and 3<sup>rd</sup> quarters (10 – U15 ONLY). **U18 will play 25-minute halves.**

- U10 – U15 will play four (4) 12-minute quarters. U18 will play 25-minute halves.
- All half times will be five (5) minutes.
- A 1-minute “substitution” period will be held between 1<sup>st</sup> and 2<sup>nd</sup> and 3<sup>rd</sup> and 4<sup>th</sup> quarters. This is not to be used as a coaching period.

\*Due to tight field availability, matches must be completed on time. Matches started late or temporarily stopped for inclement weather must be shortened by the referee to complete on time.

\* All games completing at least 2 quarters of play, will count as official games, even if ended early due to weather or injury.

### Minimum Number of Players

- All 7v7 age groups must have a minimum of 6 players to play.
- All 9v9 age groups must have a minimum of 8 players to play.

### Mandatory Playing Time

The game will be divided into four (4) quarters of twelve (12) minutes with 5-minute halftime between 2<sup>nd</sup> and 3<sup>rd</sup> quarters. Play will stop for one minute between other quarters so that substitutions may be made. Every player must play for minimum of (2) complete quarters during a game without being substituted for (with exception of roster size). If a player exits the game due to injury or by a request, he/she will be credited a full quarter of play. Only under these two circumstances should there be substitutions made during each quarter. Violation of this rule will be forfeiture of the game and a one (1) game suspension for the coach or until contacted by MPRD. Two (2) violations of the playing requirement will result in dismissal of the coach from the program. If a coach violates this rule during the last game of the season, he/she will be suspended from coaching All-Stars.

**This will also jeopardize his/her future as a MPRD coach.**



# Mount Pleasant Recreation Department

## GENERAL GAME RULES

### Rescheduling

Games canceled due to weather will be rescheduled by the Recreation Coordinator/Soccer.

Teams unable to field the minimum number of players will be given a “loss by forfeit”. The official score of a forfeit game will be 3-0.

All games playing at least 2 Full quarters, or 1 Full half will be counted as official and will not be rescheduled.

### Match Forfeits

Grace period of 10 minutes after scheduled game time applies to all opening games of the evening. If a game starts late because of coaches and/or players, then each quarter will be shortened equally to adjust to the allotted field time usage. After the 10 minutes, the game will be recorded as a forfeit. If both teams do not have enough to play, a double forfeit will be issued. **NO EXCEPTIONS!**

### Throw-Ins

A second attempt will be allowed during regular season games. No second attempt will be allowed during tournament play.

### Off-Sides

Off-sides will be called in **all** leagues

### Team Bench Area

Coaches/Teams must be separated by halfway line and each coach/team member must always stay on their side of the half. Spectators and parents are not allowed to be on the same side of the field as team benches (parents & spectators on one side, both teams on the other side). Coaches are responsible for the conduct of their players and fans.



# Mount Pleasant Recreation Department

## GENERAL GAME RULES

### Ejections

Any player or coach ejected from a game by the referee must leave the field immediately or the game will be forfeited. Any player or coach that is ejected will automatically be suspended for the next game at a minimum of one (1) game. The Athletic Division Chief will determine if further action is necessary. No practices or games can be attended by players, coaches or parents until a meeting is set with the Athletic Division Chief.

### Score/League Standings

Scores and league standings will be kept in all leagues. This will be updated weekly.

### Game Uniforms

No player can wear:

- shoes with a toe cleat
- jewelry
- shorts that have pockets or zippers
- Substitute jerseys

### Coaches

Coaches may not be on the field with players beyond the start of the game.

Coaching must be conducted from the sideline.

No coaching from the end line.



# Mount Pleasant Recreation Department

## AGE SPECIFIC GAME RULES

### U10 League (7v7)

#### **Size of Ball**

- Size 4 ball

#### **Referee**

- 1 Referee

#### **Number of Players**

- Team must play with at least 6 players.

#### **Goalkeepers**

- No punting, drop kicks or kicking of bouncing balls

### U12 League (9v9)

#### **Size of Ball**

- Size 4 ball

#### **Referee**

- 1 Referee

#### **Number of Players**

- Team must play with at least 7 players.

#### **Goalkeepers**

- No punting, drop kicks or kicking of bouncing balls

### U15 COED League (9v9)

#### **Size of Ball**

- Size 5 ball

#### **Referee**

- 1 referee

#### **Goalkeepers**

- No punting, drop kicks or kicking of bouncing balls

#### **Number of Players**

- Nine (9) players on field: minimum of (2) females on field always if 9 players
- Eight (8) players on field: minimum of (1) females on field always
- No females present, always play maximum of (6) males on field
- You can always play with more females than the minimum



# Mount Pleasant Recreation Department

## AGE SPECIFIC GAME RULES cont...

### U18 League

#### **Size of Ball**

- Size 5 ball

#### **Referee**

- 1 referee

#### **Goalkeepers**

- No punting, drop kicks or kicking of bouncing balls.

#### **Number of Players**

- Seven (7) players on the field.
- Minimum of 5 players

**NO HEADING THE BALL FOR ANY AGE GROUP**

**NO SLIDE TACKLING FOR ANY AGE GROUP**



# Mount Pleasant Recreation Department

## REGULAR SEASON/POST SEASON TOURNAMENT CHAMPIONS

Regular Season Champions/Post Season Seeding: The team(s) with the best regular season record, based on a point system (see below), will be the regular season champion. In the case of ties, the following criteria will be used:

1. # of wins
2. Head-to-Head
3. Goal Differential, goals allowed & goals for
4. Regular Season = who goes farther in post season tournament; Post Season = coin toss seeding

**All teams will participate in post-season tournament.**

**Point system (regular season)**

- **Win – 3 points**
- **Tie – 1 point**
- **Loss – 0 point**

**Post season Tournament – single elimination**

\*The post season tournament may be cancelled due to inclement weather or any other circumstance.

\*There is not a Post Season Tournament during Fall Soccer. Players are selected to play in All-Stars.

## AWARDS

In all leagues the regular season champion and runner-up will receive team trophies. In addition, the regular season champions will receive individual trophies. In the post-season tournament the tournament champion and runner-up will receive a team trophy and individual trophies will be awarded to the champions and runners-up.

## ALL-STAR INFORMATION

**PHILOSOPHY:** The philosophy of All-Star competition in the Mt. Pleasant Recreation Department is to make every attempt to select the most skilled and deserving athletes in their league/division. We ask that when you nominate a player, please make sure you feel they truly are worthy of being labeled one of the best in the league/division.

**NOMINATIONS:** Each coach should submit a list of their players (at least one, no more than four) who they believe deserve All-Star selection. The players should be ranked in priority sequence with the best player listed at the top. The appropriate dates for the All-Star Tournament will be submitted to the coaches at a later date. Once player nominations have been submitted, a coaches meeting will take place to select the top players to participate in a statewide all-star tournament.

**SELECTIONS:** The Recreation Coordinator/Soccer will compile a master list of all candidates and return this list to all coaches. All coaches will meet and select players. Coaches are asked to take the time to observe those nominated prior to the coaches meeting.

**Each All-Star selected must pay an additional \$15.00 fee to participate in the tournament. There will be no discounts with this fee to include coaches, multi-child, and town employees. Each All-Star will receive shorts & a shirt to keep.**